

Ainsley Vann

My name is Ainsley Vann. I am a gymnast and have a goal of going to the Olympics. I'm very thankful to be a gymnast because I know that not everybody has this kind of opportunity. I'm also thankful for the adults that take me to my practices because it's a pretty far drive and not a lot of parents would do that for their child.

A big part of my life is when my parents got divorced. When they got divorced, my heart smashed to pieces and it was very hard to compose myself for school, gymnastics, and other things that I had going on. Although my parents are divorced, I still got through it and realized how lucky I am to have all of these privileges. I can't explain how thankful I am to have so much love and support from family, friends, and coaches.

When people ask me what I'm thankful for, I always say family, friends, gymnastics, coaches, and my privileges that I have. I say these things because they are what makes me happy, excited, and healthy.

Have a wonderful, exciting, amazing, and happy holiday this year!