

Qualities I Am Thankful To Have  
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Thanksgiving is usually about expressing thanks for your family and God over a great Feast. but I would like to list some personal qualities I am thankful to have. I haven't always had some of these qualities, they were attained overtime as I matured and grew older.

The First quality I would say I am thankful for is appreciation. I think it is important to realize and to appreciate the things around you and the things that people do for you because it shows you are a thoughtful and considerate person. Even things you don't think about regularly, such as being able to get to work everyday to support your family. Things like this that can be taken for granted need to be realized and appreciated greatly. If you are an appreciative person it is easy to be trustworthy, because you realize the importance and appreciate those trustful relationships.

The next quality I am proud to have is that I am a trustworthy person. I think being trustworthy goes a long way because when people know you are an honest, and trustworthy person. You might be granted the ability to do something that requires a lot of responsibility, Such as cooking or watching a sibling while your parents aren't home. For example when I was younger I built trust with my parents by always making sure they always knew where I was. Eventually I had more freedom because I never gave my parents a reason not to trust me. This is just an example of how being trustworthy can get you a long way.

Another more general quality I am glad to have is that I am a calm person. I am thankful for this because in adverse or stressful situations I am able to remain calm and make reasonable decisions. For example where as a more nervous, anxious individual might not be able to make the right decision under pressure. To relate to a personal experience I recently tore my ACL. I

knew for sure that I wouldn't be able to play sports again at the same level, or be able to get to the next level because of the timing of my injury. I think my calm approach to the situation helped me switch my focus to something else rather than the variables I couldn't control.

One more quality I am thankful to have is style. I didn't get it from my parents, that's for sure. My sense of style was learned over time and without any direct influences, So I feel my style is pretty original. I also have a lot of people that say my style influences theirs, and that kind of gives you a feeling that you are doing something good, if people are trying to be like you in a sense.

These are some of the Qualities I have that are important to me and I am most thankful for.