

Hi my name is Adelynn van Rijsewijk. I live in Lewis, New York. Some of my hobbies are reading and riding my bike. Some traits that I am thankful for are sweet, cheerful and helpful. These traits will help me in the future. When I go to work, I can always smile and help others and I won't yell at my boss.

I'm sweet because I treat people nicely and I'm not rude. My friends say I'm the kindest person they know. A time in my life where I was sweet was when I got my sister something for her birthday that she wanted when she was little. This will be helpful in the future so I don't yell at my boss. I am thankful for this trait because instead of being rude I can be kind and sweet.

I'm cheerful because when I talk to people I talk in a cheery tone. Sometimes my family says I am cheerful. A time in my life when I was cheerful was when I told the teachers to have a good day. This will help me for the future so I'm not gloomy. I am thankful for being cheerful because it seems like a cute trait.

I am helpful because I am always asking people if they need help. My teachers say I am helpful. Another time in my life when I was helpful was when I helped out a friend with math. This will help in the future so I can help the people I work with. I am thankful for being helpful because I like helping people and it makes them happy.

I am thankful for being sweet, cheerful and helpful because these are all good traits. Thank You for listening and now I want you to think about the traits that you are thankful for. Make sure that the 3 traits that you choose are good so you feel good. You should always be positive about yourself.