I am thankful for breakfast because it is the most important meal of the day! It gets you going and keeps you going, It is good to wake up with a hot or cold meal in front of you every day.

Breakfast is also awesome because there is variety. For breakfast you could have a burrito, some cereal, or some oatmeal. The list is endless. Breakfast has it all.

My favorite things for breakfast are crepes, eggs, cereal (Lucky Charms or Cinnamon Life), or breakfast sandwiches. I am thankful for breakfast.